

## Easy as Pie - Avocado Toast 3 ways



### Ingredients:

- 1 pack of sliced whole wheat bread
- ½ Avocado peeled and mashed
- 1 egg
- 2 tomatoes
- 2 slices bacon (substitute turkey or veggie bacon for a healthier snack)
- Pepper to taste
- Salt to taste

### Procedure:

1. Start by toasting the bread on a medium heated pan until sides are brown.
2. Spread the mashed avocado on top of the toasted bread slices.
3. Fry one egg adding salt and pepper to taste, place on top of one slice of avocado toast.
4. Prepare 1- 2 slices of tomato and place on top of another slice of avocado toast.
5. Finally, fry the bacon strips and top the last avocado toast.