

## Edible Face Masks

Easy as Pie



### Edible "Mud" Mask

½ cup Greek yogurt  
½ cup cocoa powder  
½ cup milk  
1 banana  
½ cup honey

### Banana Turmeric Mask

2 mashed bananas  
1 tsp. baking soda  
1 tsp. turmeric powder

### Honey Green Tea Face Mask

½ cup coconut oil  
½ cup honey  
2 green tea bags  
4 tbsp. fresh lemon juice

### Procedure:

1. (For mud and banana turmeric masks) Peel bananas and mash with a fork.
2. Mix all respective ingredients in a bowl. Whisk until combined.
3. Refrigerate for 1 hour before using.